



EXPEDITION YOUTH CAMP – WHAT TO BRING

WHAT TO BRING

- day pack / fanny pack
- 2 Nalgene / water bottles
- 2 t-shirts
- 2 shorts
- 2 pairs wool socks
- pants and warm tops for cool weather (fleece/wool)
- long underwear top and bottoms (synthetic)
- rain gear
- sunscreen
- lip balm
- insect repellent
- sunglasses
- hiking boots
- sandals w/ heel strap (not flip flops)
- swimsuit
- towel
- toilet paper
- 2 zip lock bags
- 2 lawn size trash bags
- personal hygiene products
- sun hat
- warm hat
- insulated cup
- bowl
- spoon / fork
- bandana
- camera
- Lunch for Monday

Peak Adventures will provide backpacks, sleeping bags, sleeping pads, tents, stoves, water filters, fuel, pots and pans, dish soap, first aid kits, and maps and compasses. We also provide all meals from Monday night dinner to Friday lunch. Please bring a sack lunch for Monday.

Peak Adventures is NOT responsible for lost or stolen articles so please label all belongings

WHAT NOT TO BRING – Please leave these items at home

- jeans
- valuable items such as jewelry
- all electronics including iPods, phones and video games

DROP-OFF – Monday

8:00am, Peak Adventures Office

PICK – UP – Friday

6:00pm, Peak Adventures Office

- We must have the names of all persons authorized for pick-up on the attached Pick-Up Authorization Form. Please bring this with you on Monday. The person picking up must check in with the staff and sign-out your child at pick-up.
- Please bring photo ID's for pick-up. We do check ID's.