



# Raft Guide School

**TRIP:** Meeting Place: Camp Lotus, 5461 Bassi Rd, Lotus, CA | (530) 622-8672

**DATES:** April 21& 22, 28 & 29, May 5 & 6

**TIMES:** Saturdays 8:00AM-7:00PM, Sundays 8:00AM-6:00PM (subject to change due to training needs.)

Peak Adventures will provide all rafting equipment. Participants must provide their own camping equipment and food. Guide school is an intense training experience. Please be prepared for all types of weather and conditions. We encourage you to check weather forecasts before you arrive.

## Clothing Essentials

\* The best performing outdoor materials are synthetic (rayon, polyester, nylon, fleece, spandex), wool and silk.

- 2-3 pair long underwear tops and bottoms (one for camp, one for river - synthetic or silk)
- Warm pants & shirts (preferably synthetic)
- 2-3 wool sweaters or fleece jackets (one for camp, one for river)
- Rain gear (tops and bottoms)
- Hats (one for warmth, one for shade)
- 3-4 pair synthetic or wool socks (some for camp, some for river)
- Comfortable camp shoes or sturdy sandals
- 2 pair gloves (one for camp, one for river)
- REMEMBER: **NO COTTON, NO JEANS**

## River Essentials (Weather appropriate)

- Swim wear
- Wet suit (can be provided by Peak Adventures)
- Splash jacket (can be provided by Peak Adventures)
- River shoes (neoprene booties, sneakers or sandals with heel strap - no flip flops, crocs, or aqua socks!)
- River hat (for warmth)
- Sunscreen & lip balm
- Sunglasses with retention strap

## Camping Essentials

\* Items with asterisks may be rented from Peak Adventures at a minimal cost.

- Sleeping bag\*
- Sleeping pad(s)\*
- Tent with ground tarp & rain fly\*
- Headlamp (strongly recommended) or flashlight with extra batteries
- Toiletries kit
- Towel
- Reusable water bottles (at least 2 liter capacity)

(CAMP LOTUS HAS FREE SHOWERS AND FULL BATHROOM FACILITIES ON SITE)

## Optional Items

- Dry suit (rentals available through The River Store (530) 626-3435)
- Bug repellent
- Games / things to do in camp
- Journal / reading material
- Camera
- Glasses & contacts (bring a backup in case of loss/damage)
- Small personal drybag
- 1-2 extra ground tarps
- Camp Chair

**Alcohol and illegal drugs are prohibited on all Peak Adventures trips.**

## Cancellation and Refund Policy:

- Cancellations made more than 10 business days prior to event will receive a refund minus a \$10 fee.
- Cancellations made 10 business days or less before the event are not eligible for a refund.
- There is a \$10 fee for all transfers.
- Should Peak Adventures cancel a trip or a class, we will issue a credit or full refund. Reasons may include severe weather, road conditions, instructor illness, and participant numbers.